

Welcome to Ask Sam

The Children's Occupational Therapy website for YOUThe 3L's of parenting - Listen. Learn. Lead. Looking for some personal OT advice? Ask Sam...she has your answer.

Ask Sam OT is the brainchild of Samantha Toweel-Moore, well known and respected occupational therapist, based in Johannesburg, South Africa. She is passionate about children and believes well placed and accessible expert advice can smooth the path to life long learning.

Consequently, Sam endeavors to answer your personal occupational therapy questions. She aims to provide a forum for parents, teachers and health professionals to share ideas, concerns and experience.

We offer loads of advice on aspects of child development and educational toys, the learning tool of children, by answering your questions and providing a jam-packed newsletter on skill development and pertinent educational issues. To join our learning community, click [h e r e](#)

We provide regular articles on child development and have guest writers from other specialties in the field of child development.

Sam has designed 7 NEW Educational Toys, which are the end products of over a decade of working with children and discovering their needs. They address common problem areas. They may be your answer.

Products

Ask your questions and commence the journey to awaken the true potential of the children in your life. Click the links below for further information: [Social \(Interpersonal\)](#) [SensoryMotor Skills](#) [Cognitive](#) [Self Care](#) [Play & scholastic Skills](#) [Leisure](#) [Emotional \(Intrapersonal\)](#)

Children are born into a community. Ask Sam aims to shape this website around the needs of our South African families.

Please enjoy your stay on our website and visit again soon to read our regular updates.

The Ask Sam OT Team